

# Promoting the Reduction and Recycling of Waste



# Household Waste Disposal Guidelines

Category	Items	Examples	Important Notes
<b>Combustible Waste</b> Collection Day Every and	Food waste, wood, leather, etc.	Food waste, seafood shells, small pieces of wood, disposable diapers, leather products, etc.	<ul style="list-style-type: none"> <li>Thoroughly drain food waste of any excess liquid.</li> <li>You can dispose of individual items with each side of up to 60 cm.</li> <li>You can dispose of pieces of wood up to 5 cm in diameter.</li> </ul>
<b>Old Clothes</b> Once a month 1st/2nd/3rd/4th	Old clothes, curtains, cotton blankets, etc.	Clothes, curtains, cotton blankets, etc. (large fabric items)	<ul style="list-style-type: none"> <li>Launder, fold, and place all items in a bag.</li> <li>If an item is dirty, remove all metal fittings and dispose of it as "Combustible Waste".</li> </ul>
<b>Containers and Packaging Plastics</b> Collection Day Every	Containers and packaging plastics (PVC and plastic products marked with the ♻️ logo)	Egg cartons, containers for pudding and jelly, containers for cup noodles, food trays, supermarket checkout bags, retort (instant food) packages, bags for sweets, packaging nets for fruit, PET bottle lids, small bags for seasonings, Styrofoam, etc.	<ul style="list-style-type: none"> <li>Remove the contents and wash with water.</li> <li>Dispose of the lids and labels as "Containers and Packaging Plastics".</li> <li>Do not stuff checkout bags full of other items. Simply put them in the designated waste bag.</li> </ul>
<b>PET Bottles</b> Once a month 1st/2nd/3rd/4th	PET bottles for alcoholic and non-alcoholic beverages	PET bottles for soft drinks, mineral water, shochu, mirin, and soy sauce	<ul style="list-style-type: none"> <li>Peel off the labels.</li> <li>Remove stickers such as price tags wherever possible.</li> <li>Remove the contents and wash with water.</li> <li>Do not crush PET bottles.</li> </ul>
<b>Plastics</b> Once a month 1st/2nd/3rd/4th	Plastic products and PVC products (Plastics other than container and packaging plastics)	Toothbrushes, plastic buckets, washbasins, plastic toys, CDs, LDs, cups, etc.	<ul style="list-style-type: none"> <li>Remove any foreign matter and wash with water.</li> <li>Do not include items that are collected as recyclables, such as "PET bottles" and "container and packaging plastics".</li> <li>Dispose of items with metal fittings as "Non-Combustible Waste".</li> <li>Cut hoses and strings into pieces up to 30 cm in length.</li> <li>Dispose of items that are made of both plastic and paper as "Plastics".</li> </ul>
<b>Bottles and Cans</b> Once a month 1st/2nd/3rd/4th	Bottles and cans	Bottles for soft drinks, soy sauce, vinegar, energy drinks, alcoholic beverages, instant coffee, etc., aluminum and steel cans for soft drinks, carbonated drinks, and alcoholic beverages, cans for canned goods, metal containers for sweets, seaweed, etc., bottles for cosmetics, etc.	<ul style="list-style-type: none"> <li>Be sure to remove the lids.</li> <li>Remove the contents and wash with water.</li> <li>Do not break bottles.</li> <li>Do not crush cans.</li> </ul>
<b>Non-Combustible Waste</b> Once a month 1st/2nd/3rd/4th	Metals, ceramics, glass, other	Kitchen utensils such as pots, kettles, and spoons, lighters, bottle lids, ceramics such as rice bowls, glass products such as cups and plates, flower pots, plastics with metal fittings that cannot be removed, small electrical appliances, spray cans (such as insecticides and hair styling products), dumbbells, crowbars, hatchets, hammers, tools, hardened metals, etc.	<ul style="list-style-type: none"> <li>Broken glass is dangerous. Wrap it in newspaper and write "broken glass" on the outside.</li> <li>Items that contain residual chemicals or paint will not be collected.</li> <li>Items with long handles, such as umbrellas, may be disposed of with the handle extending outside of the designated bag.</li> <li>Remove batteries and dispose of them as "Harmful Waste".</li> <li>Completely use up and make a hole in spray cans before disposing of them.</li> <li>Do not wrap items other than breakables (glass, ceramics, etc.) in newspaper.</li> <li>Completely empty gas lighters before disposing of them.</li> </ul>
<b>Harmful Waste</b> Once a month 1st/2nd/3rd/4th	Mercury thermometers, fluorescent lights, dry-cell batteries, incandescent light bulbs	Mercury thermometers, alkaline and manganese dry-cell batteries	<ul style="list-style-type: none"> <li>Place fluorescent lights in the boxes in which they were purchased, or wrap them in newspaper, to prevent them from breaking.</li> <li>Dispose of button cell and rechargeable batteries in the collection boxes at electronics stores or wristwatch stores whenever possible.</li> <li>Long fluorescent lights may be disposed of with the tube extending outside of the designated bag.</li> </ul>
<b>Paper Cartons</b> Collection Day Every	Paper cartons for beverages	Milk cartons, etc. (Paper cartons without aluminum foil lining the inside)	<ul style="list-style-type: none"> <li>Wash cartons with water, cut them open, and allow them to air dry.</li> <li>Do not place paper cartons in designated bags. Tie them up in bundles with white paper string before disposing of them.</li> <li>Dispose of paper cartons with aluminum foil lining the inside as "Combustible Waste".</li> </ul>
<b>Newspapers</b> Once a month 1st/2nd/3rd/4th	Newspapers	Newspapers	<ul style="list-style-type: none"> <li>Dispose of insert leaflets and flyers separately from newspapers, as "Other Paper".</li> <li>Tie newspapers up in bundles with white paper string before disposing of them.</li> <li>If a newspaper is wet or dirty, dispose of it as "Combustible Waste".</li> </ul>
<b>Cardboard</b> Once a month 1st/2nd/3rd/4th	Cardboard	Cardboard	<ul style="list-style-type: none"> <li>Be sure to remove address stickers, delivery slips, and any tape or metal fittings before disposing of cardboard.</li> <li>Tie cardboard up in bundles with white paper string before disposing of it.</li> <li>If cardboard is wet or dirty, dispose of it as "Combustible Waste".</li> </ul>
<b>Other Paper</b> Twice a month 1st/2nd/3rd/4th	Other paper	Magazines, paperback books, comic books, picture books, dictionaries, insert leaflets/flyers, catalogs, pamphlets, booklets, etc.	<ul style="list-style-type: none"> <li>Dispose of carbon paper, thermal paper (FAX paper), tissue, paper cups, and paper bags, etc. as "Combustible Waste".</li> <li>Tie other paper up in bundles with white paper string before disposing of it.</li> <li>If other paper is wet or dirty, dispose of it as "Combustible Waste".</li> </ul>
<b>Large Waste</b>	Waste that does not fit in the designated bag	Furniture such as desks, chairs, chests of drawers, and sofas, aluminum sashes, sliding paper doors, rugs, futons, tatami mats, bicycles, microwave ovens, golf clubs, galvanized metal sheets, etc.	<ul style="list-style-type: none"> <li>Take large waste directly to the Recycling Plaza or Tojo Clean Center.</li> <li>If it is difficult for you to take large waste to a recycling location yourself, a door-to-door collection service is available. Reservation by telephone is required.</li> </ul>

<b>Waste That Is Not Collected</b>	Commercial waste	General waste that is generated from commercial activities	Either take the waste directly to a disposal facility yourself, or have it collected by a private waste collection service.
	Other waste	Large amount of waste due to moving house, etc.	
<b>Waste That Is Not Collected or Processed</b>	Engines, motors, batteries, tires, motorized bicycles, agricultural machinery, pesticides, poisonous and deleterious substances, explosives, petroleum, oil drums, fire extinguishers, paints, chainsaws, lawnmowers, pianos, dead pets or livestock, pet or livestock manure, sewage sludge, construction waste, asbestos, medical waste, infectious waste from medical facilities, industrial waste, agricultural and forestry materials, etc. * Please have these items collected by a store where they are sold.		



Taking waste to a disposal facility yourself

<b>Combustible Waste</b>	Bihoku Clean Center 266-2 Hitotsugi-cho, Shobara-shi 727-0016	Monday through Friday (excluding national holidays) and the 2nd and 4th Sunday of each month, 9 am to 4 pm (Waste deliveries are not accepted between 12 pm and 1 pm.) Closed from December 31 to January 3.
<b>All Other Waste</b>	Recycling Plaza 20-25 Korematsu-cho, Shobara-shi 727-0003	Monday through Friday (excluding national holidays) and the 2nd and 4th Sunday of each month, 9 am to 3 pm (Waste deliveries are not accepted between 12 pm and 1 pm.) Closed from December 31 to January 3.
<b>Combustible Waste</b>	Tojo Clean Center 6671-2 Kushiro, Tojo-cho, Shobara-shi 729-5122	Monday through Friday (excluding national holidays) and the 2nd and 4th Sunday of each month, 9 am to 4 pm (Waste deliveries are not accepted between 12 pm and 1 pm.) Closed from December 31 to January 3.
<b>All Other Waste</b>		

- Important Notes**
- Please put your waste in the designated waste bags and take it to the designated collection site no later than 8 am on the collection day.
  - Never dispose of waste at collection sites in other areas, or in locations where dumping is illegal.
  - Waste that has not been separated or that has been placed in anything other than the designated bag, and **hazardous materials** such as gasoline, oil, paint, and chemicals will not be collected.
  - Waste is not collected during the year-end and New Year holidays. Also note that collection days (weeks) in January might differ in some regions. Please check your collection calendar for details.

In order to build a recycling-oriented society, each of us must take appropriate actions such as generating as little waste as possible and recycling as much as possible.

**Please separate your waste correctly.**



Recycling Plaza (Environmental Policy Division) ☎️ (0824)72-1398  
 Saijo Branch, Regional Development Office ☎️ (0824)82-2182  
 Tojo Branch, Industrial Construction Office ☎️ (08477)2-5141  
 Kuchiwa Branch, Regional Development Office ☎️ (0824)87-2113  
 Takano Branch, Regional Development Office ☎️ (0824)86-2113  
 Hiwa Branch, Regional Development Office ☎️ (0824)85-3003  
 Soryo Branch, Regional Development Office ☎️ (0824)88-3065  
 Bihoku Clean Center ☎️ (0824)72-2044  
 Tojo Clean Center ☎️ (08477)2-0214